

Royal Cup Coffee and cappuccinos
Served at Apple Market stores



Based on 8oz-serving	Calories	Total Fat (g)	Total Carbohydrates (g)	Sugars (g)	Protein (g)	Sodium (mg)	Calories per 12oz-serving	Calories per 16oz-serving	Calories per 20oz-serving	Calories per 24oz-serving
Coffee/Tea										
Costa Rican	5	0	1	0	0	0	7	23	29	34
Fancy Gourmet	5	0	1	0	0	0	7	23	29	34
Dakota Roast Dark	5	0	1	0	0	0	7	23	29	34
Cof Liq Cafe Arisa Bold Reg	69	0.1g	12.9g	0.5g	4.2g	2.2mg				
Cof Liq Cafe Arisa Decaf Bold	69	0.1g	12.9g	0.5g	4.2g	2.2mg				
Tea Ice Filter Pack	0	0	0	0	0	0	0	0	0	0
Tea Ice Open Brew	0	0	0	0	0	0	0	0	0	0
European	5	0	1	0	0	0	7	23	29	34
Decaf	5	0	1	0	0	0	7	23	29	34
#Harvest Blend 42/2.5 LTO	5	0	1	0	0	0	7	23	29	34
Cappuccinos										
Capp French Vanilla	140	2.5g	31g	27g	<1g	250mg	210	280	350	420
Capp English Toffee	140	2.5g	30g	24g	<1g	230mg	210	280	350	420
Capp Cinnamon Bun Indulgence	150	3.5g	29g	22g	<1g	220mg	225	300	375	450
Capp White Chocolate Caramel	150	3.5g	29g	23g	<1g	250mg	225	300	375	450
Choc Cocoa Bulk	140	1g	32g	29g	<1g	250mg	210	280	350	420
Capp Hot Chocolate	140	1g	32g	29g	<1g	250mg	210	280	350	420
Capp Salty Caramel	150	4g	29g	23g	<1g	320mg	225	300	375	450
Capp Fr Vanilla Sugar Free	130	7g	19g	0g	<1g	200mg	198	260	325	390
Capp Chocolate Caramel Pecan	150	4g	29g	22g	<1g	250mg	225	300	375	450
Capp High Octane Fr Vanilla	150	3g	30g	19g	0g	300mg	225	300	375	450
Capp White Chocolate Caramel	150	3.5g	29g	23g	<1g	250mg	225	300	375	450