

Breakfast Entrees & Sandwiches														
Item	Portion (Size)	Calories	Fat Calories	Fat	Saturated	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Total	Protein	Allergens	
		(k)	(k)	(g)	Fat (g)	(g)	(mg)	(mg)	(g)	(g)	Sugar (g)	(g)		
Bacon, Egg & Cheese Biscuit	1 each (158g/5.6 oz)	430	210	23	8	6	115	1400	36	1	3	18	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bac Egg Pot & Cheese Burrito	1 each (284g/10 oz)	760	380	43	17	1	160	2090	63	2	2	29	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bacon & Cheese Biscuit	1 each (115g/4.1 oz)	380	190	21	7	6	25	1260	35	1	3	13	CONTAINS: MILK, WHEAT	
Bacon & Cheese Croissant	1 each (82g/2.9 oz)	290	140	16	7	2	35	670	24	1	2	11	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bacon & Egg Biscuit	1 each (179g/6.3 oz)	380	170	19	5	6	100	1180	36	1	3	15	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bacon & Egg Croissant	1 each (111g/3.9 oz)	290	120	14	5	2	110	590	25	1	2	13	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bacon Biscuit	1 each (101g/3.6 oz)	330	150	17	5	6	10	1040	35	1	3	10	CONTAINS: MILK, WHEAT	
Bacon Croissant	1 each (68g/2.4 oz)	240	110	12	4	2	20	450	24	1	2	8	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bacon Egg & Cheese Croissant	1 each (125g/4.4 oz)	340	160	18	7	2	125	810	25	1	2	16	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bacon, Egg & Cheese English Muffin	1 each (130g/4.6 oz)	330	170	19	9	0	140	830	25	1	1	16	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bologna & Cheese Biscuit	1 each (161g/5.7 oz)	470	260	29	11	6	50	1700	36	1	4	16	CONTAINS: MILK, WHEAT	
Bologna & Cheese Croissant	1 each (128g/4.5 oz)	380	220	24	10	2	60	1110	25	1	3	14	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bologna & Egg Biscuit	1 each (190g/6.7 oz)	470	240	27	9	6	125	1620	37	1	4	18	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bologna & Egg Croissant	1 each (157g/5.5 oz)	380	200	22	8	2	135	1030	26	1	3	16	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bologna Biscuit	1 each (147g/5.2 oz)	420	220	25	8	6	35	1480	36	1	4	13	CONTAINS: MILK, WHEAT	
Bologna Croissant	1 each (114g/4 oz)	330	180	20	8	2	45	890	25	1	3	11	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bologna Egg & Cheese Biscuit	1 each (204g/7.2 oz)	520	280	31	11	6	140	1840	37	1	4	21	CONTAINS: EGGS, MILK, SOY, WHEAT	
Bologna Egg & Cheese Croissant	1 each (171g/6 oz)	430	230	26	11	2	150	1250	26	1	3	19	CONTAINS: EGGS, MILK, SOY, WHEAT	
Chicken & Egg Biscuit	1 each (192g/6.8 oz)	450	200	22	5	6	135	1330	43	1	3	20	CONTAINS: EGGS, MILK, SOY, WHEAT	
Chicken & Egg Croissant	1 each (164g/5.8 oz)	380	160	18	5	0	140	770	35	1	2	19	CONTAINS: EGG, EGGS, MILK, SOY, WHEAT	
Chicken Biscuit	1 each (154g/5.4 oz)	410	180	20	5	6	20	1200	42	1	3	16	CONTAINS: MILK, WHEAT	
Chicken Croissant	1 each (121g/4.3 oz)	320	130	15	4	2	30	610	31	1	2	14	CONTAINS: EGGS, MILK, SOY, WHEAT	
Chicken Egg & Cheese Croissant	1 each (178g/6.3 oz)	410	190	21	7	2	135	1210	32	1	2	22	CONTAINS: EGGS, MILK, SOY, WHEAT	
Corned Beef Hash	1 each (170g/6 oz)	310	170	19	8	0	40	1140	21	4	1	14		
Country Ham & Cheese Biscuit	1 each (132g/4.7 oz)	380	170	20	7	6	40	1710	35	1	3	16	CONTAINS: MILK, WHEAT	
Country Ham & Egg Biscuit	1 each (161g/5.7 oz)	370	160	18	5	6	115	1630	36	1	3	18	CONTAINS: EGGS, MILK, SOY, WHEAT	
Country Ham & Egg Croissant	1 each (128g/4.5 oz)	280	110	13	4	2	125	1040	25	1	2	16	CONTAINS: EGGS, MILK, SOY, WHEAT	
Country Ham Biscuit	1 each (118g/4.2 oz)	330	140	16	4	6	25	1480	35	1	3	13	CONTAINS: MILK, WHEAT	
Country Ham Egg & Cheese Croissant	1 each (142g/5 oz)	330	150	17	7	2	140	1260	25	1	2	19	CONTAINS: EGGS, MILK, SOY, WHEAT	
County Ham & Cheese Croissant	1 each (99g/3.5 oz)	290	130	15	6	2	50	1120	24	1	2	14	CONTAINS: EGGS, MILK, SOY, WHEAT	
County Ham Croissant	1 each (85g/3 oz)	240	90	11	4	2	35	900	24	1	2	11	CONTAINS: EGGS, MILK, SOY, WHEAT	
Deviled Eggs 4Ct	4 each (130g/4.6 oz)	260	180	20	5	0	380	370	5	0	1	13	CONTAINS: EGGS	
Double Sausage Gravy Biscuit	1 serving (350g/12.3 oz)	790	400	45	11	12	40	2340	75	2	6	17	CONTAINS: MILK, SOY, WHEAT	
Double Stack Biscuit, Sausage Egg & Cheese	1 serving (256g/9 oz)	770	510	58	25	6	295	2110	41	1	4	27	CONTAINS: EGGS, MILK, SOY, WHEAT	
Egg & Cheese Biscuit	1 each (152g/5.3 oz)	420	220	25	10	6	130	1280	37	1	3	14	CONTAINS: EGGS, MILK, SOY, WHEAT	
Egg & Cheese Croissant	1 each (124g/4.4 oz)	350	180	21	11	0	135	720	29	1	2	13	CONTAINS: EGG, EGGS, MILK, SOY, WHEAT	
Egg Biscuit	1 each (163g/5.8 oz)	320	120	14	4	6	90	980	36	1	3	11	CONTAINS: EGGS, MILK, SOY, WHEAT	
Egg Croissant	1 each (110g/3.5 oz)	230	80	9	3	2	100	390	25	1	2	9	CONTAINS: EGGS, MILK, SOY, WHEAT	
Egg White Breakfast Sandwich	1 each (168g/5.9 oz)	250	70	8	4	0	40	1130	25	1	2	19	CONTAINS: EGGS, MILK, SOY, WHEAT	
Pork Chop & Egg Biscuit	1 each (222g/7.8 oz)	630	340	39	10	6	120	1410	50	2	4	21	CONTAINS: EGGS, MILK, SOY, WHEAT	
Pork Chop & Egg Croissant	1 each (189g/6.7 oz)	540	300	34	10	2	130	820	39	2	3	19	CONTAINS: EGGS, MILK, SOY, WHEAT	
Pork Chop Biscuit	1 each (180g/6.3 oz)	590	320	37	10	6	30	1270	49	2	4	16	CONTAINS: EGGS, MILK, SOY, WHEAT	
Pork Chop Croissant	1 each (147g/5.2 oz)	500	280	32	9	2	40	680	38	2	3	14	CONTAINS: EGGS, MILK, SOY, WHEAT	
Sausage Egg Pot & Cheese Burrito	1 each (316g/11.1 oz)	860	490	56	21	1	185	2120	63	2	2	29	CONTAINS: EGGS, MILK, SOY, WHEAT	
Sausage & Cheese Biscuit	1 each (147g/5.2 oz)	480	300	34	12	6	50	1290	35	1	3	13	CONTAINS: MILK, WHEAT	
Sausage & Cheese Croissant	1 each (114g/4 oz)	390	260	29	11	2	60	700	24	1	2	11	CONTAINS: EGGS, MILK, SOY, WHEAT	
Sausage & Egg Biscuit	1 each (176g/6.2 oz)	480	280	32	10	6	125	1210	36	1	3	15	CONTAINS: EGGS, MILK, SOY, WHEAT	
Sausage & Egg Croissant	1 each (100g/3.5 oz)	230	80	9	3	2	100	390	25	1	2	9	CONTAINS: EGGS, MILK, SOY, WHEAT	
Sausage Biscuit	1 each (133g/4.7 oz)	430	270	30	9	6	35	1070	35	1	3	10	CONTAINS: MILK, WHEAT	
Sausage Croissant	1 each (100g/3.5 oz)	340	220	25	9	2	45	480	24	1	2	8	CONTAINS: EGGS, MILK, SOY, WHEAT	

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		(k)	(k)	(g)	Fat (g)	(g)	(mg)	(mg)	(g)	(g)	Sugar (g)	(g)	
Sausage Egg & Cheese Biscuit	1 each (190g/6.7 oz)	530	320	36	12	6	140	1430	36	1	3	18	CONTAINS: EGGS, MILK, SOY, WHEAT
Sausage Egg & Cheese Croissant	1 each (157g/5.5 oz)	440	280	31	12	2	150	840	25	1	2	16	CONTAINS: EGGS, MILK, SOY, WHEAT
Sausage Egg & Cheese Muffin	1 each (157g/5.5 oz)	380	220	25	9		140	780	24	1	1	16	CONTAINS: EGGS, MILK, SOY, WHEAT
Sausage Gravy Biscuit	1 serving (175g/6.2 oz)	390	200	23	6	6	20	1170	38	1	3	9	CONTAINS: MILK, SOY, WHEAT
Scrapple Biscuit	1 each (175g/6.2 oz)	450	210	24	8	6	60	1260	47	1	3	14	CONTAINS: MILK, WHEAT
Scrapple Croissant	1 each (142g/5 oz)	360	170	19	7	2	70	660	36	1	2	12	CONTAINS: EGGS, MILK, SOY, WHEAT
Smoked Sausage & Cheese Biscuit	1 each (182g/6.4 oz)	570	350	39	16	6	55	1850	37	1	5	18	CONTAINS: MILK, WHEAT
Smoked Sausage & Cheese Croissant	1 each (149g/5.3 oz)	480	300	34	15	2	65	1260	26	1	4	16	CONTAINS: EGGS, MILK, SOY, WHEAT
Smoked Sausage Biscuit	1 each (167g/5.9 oz)	520	310	35	13	6	40	1630	37	1	5	15	CONTAINS: MILK, WHEAT
Smoked Sausage Croissant	1 each (135g/4.8 oz)	430	270	30	13	2	50	1040	26	1	4	13	CONTAINS: EGGS, MILK, SOY, WHEAT
Smoked Sausage Egg & Cheese Biscuit	1 each (224g/7.9 oz)	620	360	41	16	6	145	1990	38	1	5	23	CONTAINS: EGGS, MILK, SOY, WHEAT
Smoked Sausage Egg & Cheese Croissant	1 each (192g/6.8 oz)	530	320	36	16	2	155	1400	27	1	4	21	CONTAINS: EGGS, MILK, SOY, WHEAT
Smoked Split Sausage & Egg	1 each (183g/6.4 oz)	530	330	38	15	0	160	1200	30	1	4	18	CONTAINS: EGGS, MILK, SOY, WHEAT
Smoked Split Sausage & Egg Biscuit	1 each (211g/7.4 oz)	600	370	42	14	6	155	1760	38	1	5	19	CONTAINS: EGGS, MILK, SOY, WHEAT
Steak & Egg Biscuit	1 each (208g/7.4 oz)	540	260	29	9	7	120	1340	49	1	3	20	CONTAINS: EGGS, MILK, SOY, WHEAT
Steak Biscuit	1 each (161g/5.7 oz)	490	240	27	8	7	30	1200	48	1	3	15	CONTAINS: MILK, SOY, WHEAT
Steak Croissant	1 each (146/5.1 oz)	400	200	22	8	2	40	610	37	1	2	13	CONTAINS: EGGS, MILK, SOY, WHEAT
Steak Egg & Cheese Croissant	1 each (171g/6 oz)	360	150	17	7	2	150	1410	27	1	3	23	CONTAINS: EGGS, MILK, SOY, WHEAT